

Year 9 - Session 03 - Respect

Background

The primary focus of the respect session is for kids to be able to comprehend, understand the concepts of respect and empathy.

Simple Definitions:

Respect = treating others well.

Empathy = to see something from another person's perspective.

Presenters should ensure they have watched 'Freedom Writers' before running this session to ensure that they have the context and understanding required to make the videos and activities work.

Outcomes

- A thank-you note written from the mentee, taken back to school and delivered to a teacher to thank them for their efforts.
- Mentees having both a theoretical and practical experience with understanding that if you can walk a mile in another person's shoes, then you can appreciate their world. By having this ability mentees will suddenly be able to move beyond judging people to understanding them. Specifically, focused in the short term on their relationships with teachers.

Video Resources Required

Video	Where
Video 1: Ambassadors of Tolerance - Freedom Writers	Click here to download

Other Resources Required

Other Resources	Where
AIME Year 9 Workbooks	On Site
Spare Pens	On Site
AIME Letterhead (Teacher Thank You Notes)	Click here to download
Grooveshark Playlist	2014 AIME sessions www.grooveshark.com Username: AIME2010 Password: mentoring

Venue Requirements

Mentees will be working in pairs/small groups. A lecture room or a tutorial space will work for this session. Make sure there is enough space for all your pairings/groups. Ensure there is audio visual equipment available.

Example of how the room can be set up.



Activity	Action	Timing
Presenter Intro	"Welcome guys, to the second session of the program called 'Respect.' Respect has actually been one of the core elements across the many different Aboriginal and Torres Strait Islander cultures for thousands of years. In particular, respect for Elders and the knowledge that they hold. Also respect for the land, respect for your family and respect for yourself. In today's session, we are going to focus on the word <u>empathy</u> , and how you can use empathy to understand what some of the people around us go through every single day and in doing so, show them respect so you can gain it in return.	0-5
Workbook	Okay let's turn to our workbooks on page 22 and work through the activity 'Empathy, Section 1'. I'm going to ask one of you guys to read the story on page 21. Who want's to volunteer? Ok awesome. Now while they're reading I want you all to close your eyes and imagine you are the main character in this story. Get volunteer to ready to read train story aloud.	5-15
Video	Ok guys now we're going to watch a short clip. The clip is from a film called The Freedom Writers which is based on a true story from the U.S.A. We'll use this clip as the introduction to the next part of our session where we look at the respect we have for our teachers. Play Video 1- Ambassadors of Tolerance	15-19
Workbook	Ok guys, turn to page 23 of your workbook and complete Section 2, Part 1 called Your Teacher in our workbook. Once you've finished page 23, don't move forward, wait for me to tell you what to do next.	19-23
Presenter – Teacher Scenario	Tell everyone to turn to p. 24. Turn the lights off. Get everyone to close their eyes. 'Live read of the teacher scenario' (page 24)	23-26
Workbook	"Okay now go finish up the questions in Section 2, your teacher section with your mentor over the next 10 minutes. Page 24-25, questions 9-13. If you didn't finish the questions on page 23, go back and finish that off first.	26-35
Presenter Read – To Get Respect You've Gotta Give It	Presenter to Read this story aloud: OK guys, were going to try and extend this now so we move from the theoretical to the practical. So it's all well and good to talk about the words respect and empathy, and thinking about other people and what they might be going through, but our challenge is to now walk the talk. So what we're going to do is a little social experiment. You're now getting handed out a bunch of thank-you notes which you will have 10 minutes to work through. Your task is to select one of your teachers and write a thank-you note to them. Now you can have some fun with this, you can potentially pick a teacher you think really doesn't like you, and see whether the note turns around your perception of what they think of you. Then you're going to put your notes into an envelope and take them back to school and before school finishes, or first thing tomorrow, hand them this note. Your mission is to return here and let your mentor and us know your teacher's response.	35-38
Thank-You Note Writing	Hand out AIME Letterhead and envelopes and get them to write their thank you notes. The kids will be handing the notes to the teachers. As they are working, try and find some Mentees who will read their notes out loud.	38-48
Sharing is Caring	Kids to share a couple of their Thank You notes.	48-55
Presenter Close	If there is only one thing that you take from today, it should be the ability, before judging someone, for example 'my teacher hates me', to take the time to stop, think, and try and understand why that person has behaved the way they have. This will help you overcome endless amounts of conflict scenarios for the rest of your life. Thank you for all the respect you have shown me and the AIME team today and I can't wait to hear back about your teachers' responses to the notes you give them. Catch you next session.	55-57

After the session

- Carry out Post Session Training with the Mentors.